

Basic Beliefs/Goals

Basic beliefs/goals are a minimum set of beliefs, prayers, and definitions about the Catholic faith that our children are required to learn each year. The purpose of having our children learn these beliefs/goals is to provide them with specific knowledge about their Catholic faith that will lead them to greater understanding.

Children will be expected to learn the basic beliefs/goals for their grade as well as for any previous grades. Children will be asked to demonstrate their knowledge of the goals orally and in writing throughout the year. Quizzes may be given as well as a test at the end of the year. **Families are asked to assist their child in learning these basic beliefs/goals at home each week throughout the year.** Please let us know if your child has a learning disability or special needs for testing.



Kindergarten:

Sign of the Cross
Angel of God
Golden rule

The Sign of the Cross:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Angel of God:

Angel of God, My Guardian Dear, to whom His love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen.

Golden rule: "Do Unto Others as You would have them do unto you."



Grade 1: The Lord's Prayer
Blessing before Meals
Glory be to the Father

The Lord's Prayer:

Our Father, Who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day, our daily bread; and forgive us our trespasses as we forgive those who trespass against us: and lead us not into temptation, but deliver us from evil. Amen.

Blessing before Meals:

Bless us o Lord, and these Thy gifts, which we are about to receive, from Thy bounty, through Christ our Lord. Amen.

Glory Be to the Father:

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.



Grade 2: Hail Mary
Great Commandments
Two main divisions of the Bible
God is Trinity

Hail Mary:

Hail Mary, full of grace, the Lord is with you; blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Two Great Commandments:

Love the Lord your God with all your heart, soul, mind, and strength.
Love your neighbor as yourself.

Two main divisions (parts) of the Bible:

Old Testament and New Testament

God is Trinity:

Three divine persons in one God. These persons are the Father, Son, and Holy Spirit.



Grade 3: Seven Sacraments & who initiated them

Trinity: roles of the Father, Son, and Holy Spirit

Two main parts of the Mass and their significance

Seven Sacraments:

Jesus Christ instituted all these:

- Baptism
- Reconciliation
- Holy Eucharist
- Confirmation
- Matrimony
- Holy Orders
- Anointing of the Sick

The Blessed Trinity:

The three persons in the Blessed Trinity & their roles are:

1. God the Father—Creator
2. God the Son—Redeemer
3. God the Holy Spirit—God’s presence in us and in our Church

Two main parts of the Mass and their significance:

Liturgy of the Word- we hear God’s word

Liturgy of the Eucharist- we receive the Body and Blood of Jesus



Grade 4: Act of Contrition

Apostles’ Creed

The Ten Commandments

Theological Virtues

Cardinal Virtues

Sin

Act of Contrition:

O my God, I am heartily sorry for having offended You and I detest all my sins because of Your just punishment, but most of all because they offend You, my God, who are all good, and deserving of all my love. I firmly resolve, with the help of Your grace, to sin no more, and to avoid the near occasions of sin. Amen.

Apostles’ Creed:

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell, the third day He arose from the dead; He ascended into heaven, and is seated at the right hand of God, the Father Almighty; from there He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

The Ten Commandments: (need to know in correct order)

1. I am the Lord thy God. You shall not have strange gods before Me.
2. You shall not take the Name of God in vain.
3. Remember to keep Holy the Sabbath Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

Theological Virtues:

Faith, Hope and Love (Charity)

Four Cardinal Virtues:

Prudence — making good judgments
Justice — treating others with respect
Fortitude — courage to follow God's will
Temperance — using God's gifts as He intended

Sin:

Mortal sin- serious sin that separates us from God's grace.
Venial sin- a less serious sin which hurts our relationship with God and others.
Original sin-the sin of Adam and Eve, inherited by man



Grade 5: The Bible

Four Gospels

Marks of the Church

Holy Days of Obligation and Dates Celebrated

Liturgical Seasons (Advent through Ordinary time)

The Bible:

The Bible is God's inspired Word.
First Book is Genesis and last book is Revelation.
Two main divisions of the Bible: Old Testament and New Testament

Four Gospels: Mathew, Mark, Luke and John

Marks of the Church: One, Holy, Catholic, apostolic

Holy Days of Obligation and Dates Celebrated:

Immaculate Conception	December 8 th
Christmas	December 25 th
Mary, Mother of God	January 1 st
Ascension	40 Days after Easter
Assumption	August 15 th
All Saints Day	November 1 st

Liturgical Seasons:

Advent—Season of preparation lasting four weeks, during which we await Christ’s coming.
This begins the Church year.

Christmas—celebration of Incarnation (the Son of God becoming Man)

Lent—Season of preparation lasting six weeks, during which we prepare by doing Penance.

Paschal Mystery- suffering, death, Resurrection and Ascension of Jesus Christ.

Easter Triduum--

Holy Thursday—Jesus gave His Body and Blood in Eucharist to His apostles for the first time at the Last Supper.

Good Friday—Jesus dies on the Cross

Easter—Jesus rose from the dead—this is considered the most important feast.

Pentecost—Feast in which we commemorate the coming of the Holy Spirit upon the Apostles.

Ordinary Time—Time in the church year during which we remember the everyday events in Jesus’ life

Laws of Fast and Abstinence

Fasting—Eating only one larger meal and two smaller meals daily. No eating between meals (ages 21-59).

Abstinence—Refraining from eating meat on Ash Wednesday and Fridays during Lent (ages 14 and older).



- Grade 6:**
- Mysteries of the Rosary**
 - Magisterium**
 - Beatitudes**
 - Prayer for the Dead**
 - Seven Sacraments and their meaning**
 - Roles of Church leaders (priests, bishops, deacons, Pope)**

Mysteries of the Rosary:

Five Joyful Mysteries

- The Annunciation
- The Visitation
- The Nativity
- The Presentation
- The Finding in the Temple

Five Sorrowful Mysteries

- The Agony in the Garden
- The Scourging at the Pillar
- The Crowning with Thorns
- The Carrying of the Cross
- The Crucifixion

Five Glorious Mysteries

- The Resurrection
- The Ascension
- Descent of Holy Spirit
- The Assumption
- The Coronation

Five Mysteries of Light

- Our Lord’s Baptism in the Jordan
- Our Lord’s Self Manifestation at the Wedding of Cana
- Our Lord’s Proclaims the Kingdom of God and Calls Us to Conversion
- Our Lord’s Transfiguration
- Our Lord’s Institution of the Eucharist as the Sacramental Expression of the Paschal Mystery

Beatitudes:

- Blessed are the poor in spirit, for theirs is the Kingdom of Heaven.
- Blessed are they who mourn, for they will be comforted.
- Blessed are the meek, for they shall inherit the earth.
- Blessed are they who hunger and thirst for righteousness, for they will be satisfied.
- Blessed are the merciful, for they will be shown mercy.
- Blessed are the clean of heart, for they shall see God.
- Blessed are the peacemakers, for they will be called children of God.
- Blessed are they who are persecuted for the sake of righteousness, for theirs is the Kingdom of Heaven.

Prayer for the Dead:

Eternal rest grant unto (him/her) O Lord and let perpetual light shine upon (him/her). May (his/her) soul and all the souls of the faithful departed through the mercy of God, rest in peace. Amen.

Seven Sacraments:

Baptism—We are freed from original sin and welcomed into the Church.

Holy Eucharist—We receive the Body and Blood of Jesus.

Reconciliation—We confess our sins and are forgiven.

Confirmation—We receive the gifts of the Holy Spirit, which help us to do God’s work.

Matrimony—Celebrates the lasting love uniting a man and woman in Jesus Christ.

Holy Orders—Priests, Bishops, and Deacons are ordained to serve God’s people.

Anointing of the Sick—Healing touch of Christ brought to the ill and elderly in this Sacrament

Roles of Church Leaders:

Magisterium- the teaching authority of the church. It consists of the following:

Priests:

Preach, preside at Eucharist, and administer the Sacraments at a parish level.

Our priest is Father Shane Wasinger.

Bishops:

Serve as a sign of unity between his local church (diocese) and the whole church. Teaches the truths of the Catholic faith to members of his diocese. Administers the Sacrament of Confirmation and Holy Orders. Our archbishop is Bernard Hebda.

Deacons:

Help in parish with various functions. They can preach, be Eucharistic ministers and preside at weddings and funerals.

Pope:

Successor of Peter. Highest authority in Church. Responsibilities include maintaining unity and order and ensuring all remain faithful to true teachings of the Church. Our pope is Pope Francis.



- Grade 7:**
- Corporal Works of Mercy**
 - Spiritual Works of Mercy**
 - Sacraments signs and symbols, ritual words used**
 - Order of the Mass**
 - Mary’s Feasts**
 - Communion of Saints**

Corporal Works of Mercy:

- Feed the hungry
- Give drink to the thirsty
- Clothe the naked
- Shelter the homeless
- Visit the sick
- Visit the imprisoned
- Bury the dead

Spiritual Works of Mercy:

- Forgive those who hurt us
- Be patient with others
- Pray for the living and the dead
- Comfort those who are sad and suffering
- Help people understand and learn
- Help people who sin understand God’s law
- Give good advice to those who are not sure what to do

Sacraments: Their Signs and Ritual Words Used

<u>Sacrament</u>	<u>Sign</u>	<u>Ritual Words</u>
Baptism	Water	I baptize you in the Name of the Father, and of the Son and of the Holy Spirit.
Confirmation	Oil Laying on of hands	Be sealed with the gifts of the Holy Spirit
Eucharist	Bread and Wine	"This is my body which is broken for you. This is my blood which is shed for you."
Anointing of Sick	Oil Laying on of hands	
Reconciliation	Confession of sins Words of Absolution	I absolve you from your sins, in the name of the Father, and of the Son and of the Holy Spirit.
Matrimony	The couple are signs of Jesus' presence to each other and to the greater community	
Holy Orders	Oil Laying on of hands	

Order of the Mass:

Two main parts of the Mass are the Liturgy of the Word and Liturgy of the Eucharist

Introductory Rites: Greeting, Lord have Mercy, Gloria, and Opening Prayer

Liturgy of the Word: First Reading, Responsorial Psalm, Second Reading, Gospel, Homily, Creed, and General Intercessions

Liturgy of the Eucharist: Preparation of the Gifts, Eucharistic Prayer, Memorial Acclamation, Great Amen

Communion Rite: Lord's Prayer, Sign of Peace, Lamb of God, and Communion

Concluding Rite: Closing Prayer, Blessing

Mary's Feasts:

Annunciation—

The angel Gabriel announced to Mary that she would be God's mother.

Immaculate Conception—

Mary was conceived without sin in her mother's womb. Feast date is December 8th.

Assumption—

Mary was taken into heaven, body and soul. Feast date is August 15th.

Communion of Saints:

All people, both on earth and in Heaven, who are united to Jesus through faith and Christian living.



Grade 8:

Gifts of the Holy Spirit
Fruits of the Holy Spirit
Seven Capital Sins
Conditions of Sin
Precepts (Laws) of the Church
Stations of the Cross

Gifts of the Holy Spirit:

Wisdom, Understanding, Right Judgment (Counsel), Wonder and Awe (Fear of the Lord), Courage (Fortitude), Knowledge, and Reverence (Piety)

Fruits of the Holy Spirit:

Charity, Chastity, Faithfulness, Generosity, Gentleness, Goodness, Kindness, Joy, Modesty, Patience, Peace, and Self-Control

Seven Capital Sins:

Anger, Covetousness, Envy, Gluttony, Lust, Pride and Sloth

Conditions of Sin:

Three Conditions of Serious Sin—
Know that it is serious
Think about it beforehand
Do it willingly

Precepts (Laws) of the Church:

1. Attend Mass on Sundays and Holy Days of Obligation
2. Confess all serious sins at least once a year
3. Receive Holy Communion at least once a year (during Easter Season)
4. Contribute to the support of the Church
5. Observe the laws of fast and abstinence

Stations of the Cross:

1. Jesus is condemned
2. Jesus Takes His Cross
3. The First Fall
4. Jesus Meets His Mother
5. Simon of Cyrene Helps Jesus
6. Veronica Wipes Jesus' Face
7. Jesus Falls Again
8. Jesus Speaks to the Women
9. The Third Fall
10. Jesus is Stripped of His Clothing
11. Jesus is Nailed to the Cross
12. Jesus Dies on the Cross
13. Jesus is Taken Down from the Cross
14. Jesus is Laid in the Tomb



Grades 9 - 10:

During this period of Confirmation preparation, emphasis will be placed on greater understanding of our faith, developing our relationship with Christ, and how to live as a Christian in our world today.

Youth will also review knowledge of the Basic Beliefs/Goals learned in previous years.